

Sticky Fingers aspires to provide a safe, fun and welcoming environment for everyone. We offer children experiences to support their development. Empowering them to reach their full potential



Sticky Fingers Pre-School
Newlands
% Newlands Primary School
Windermere Avenue
Millbrook
SO16-9QX
023 80764499
07442379780

Sticky Fingers Pre-School
Redbridge
% Redbridge Primary school
Studland Road
Millbrook
SO16-9BB
02380 764717
07726772381

Sticky Fingers Pre-school
Tanners Brook
% Regents Park Community
centre
Elmes Drive
Millbrook
SO15-4PF
07871880785

Sticky Fingers Pre-school
Spring road
% 14th Itchen Scout hut
Spring road
Sholing
Southampton
SO19-2NZ

<https://www.facebook.com/stickyfingerspreschool>
info@stickyfingersps.co.uk

09 Early years practice procedures

09.15 Weather Policy

It is our aim to give children opportunities to play in all types of weather where possible. It is paramount that everyone is safe.

Wet, Cold weather and snow.

- All children should be provided with appropriate clothing and footwear to suit the weather such as a warm coat, gloves and hats.
- We do play outside in wet weather and have a selection of all-in-one splash suits however please provide them with waterproof shoes or wellingtons.
- Please always clearly label your child's belongings.
- The settings have a limited number of spare hats, gloves and scarfs.
- If the temperature drops below 10° we will not have water play outside.
- In extreme weather conditions a discussion will be made with the chair of the trustees to decide if it is safe to open the Pre-School.
- If the decision is made to close we will announce this as soon as possible on Tapestry and on our Facebook page - <https://www.facebook.com/stickyfingerspreschool>
- We will also make every attempt to contact the parents of every child due in for that session as soon as possible to notify them of the closure
- Please bear in mind if Newlands Primary school or Redbridge Primary School close due to the weather the attached Pre-school's will also close.

Sunny weather

Whilst we recognise that some sun is good for us, over-exposure to Ultraviolet Radiation (UVR) is an important safeguarding issue for pre-school settings.

During the warmer months of the year, children are exposed to UVR from the sun, often when penetration is at its strongest (between 11am and 3pm). Without adequate protection, a child's delicate skin can easily burn, causing cumulative and irreparable damage. This can significantly increase their risk of developing skin cancer in later life.

Skin cancer is the most common cancer in the UK with rates of the disease rising faster than any other cancer. 86% of skin cancers are caused by over-exposure to UVR, so it is almost entirely preventable. Sun exposure in the first 15 years of life contributes significantly to a person's lifetime risk of skin cancer, highlighting the importance of pre-school settings and parents working together, to increase knowledge and influence behaviours, to ensure children are protected against UVR and learn how to enjoy the sun safely.

- Sticky Fingers Pre-school works in partnership with 'Sun Safe Nurseries' to provide information for parents and carers, educational resources to support learning and protection from the hot weather.
- Parents and carers are given a 'Sun Safe' pack, including a safe sun fact sheet at the start of the summer term. This pack is also available with additional information and resources on our website www.stickyfingersps.co.uk

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Clothing

- Children should all wear sun hats to Pre-School that have a peak at the front and a flap at the back to cover their necks. (baseball caps are not advised) These should be labelled with the child's name. If the child attends their session without a hat, one can be provided for them.
- Children follow our rule of wearing hats outside or they have to come inside.
- Children should wear clothing that protects them from the sun and sleeves to protect their shoulders.
- Children should wear appropriate footwear to the Pre-School. Flip flops are not advised as they hinder the child from taking part in physical activities or may slow them down in the event of an emergency.

Sun Cream

- All sun cream provided by the pre-school or families must be SPF 30 + and UVA 4 stars.
- Children should have sun cream applied before attending the Pre-School.
- The Pre-School does have additional sun cream to top up children after two hours. (With parental permission.)
- You can bring your own sun cream to the Pre-school if you would prefer us to use yours, please label this clearly with your child's name.
- If a child has an allergy to some types of sun cream the parents should provide an appropriate sun cream to use.
- Remember to check expiry dates as sunscreen becomes less effective over time. If an expiration date is not displayed, look for an open jar symbol which will have a number next to it (i.e. 9M or 12M) - that's the number of months you can safely use the screen after opening.

Teaching

- Staff act as role models to the children and teach them the importance of staying safe in the sun through a range of activities.
- We teach the children the 'Slip, Slop, slap song,' read 'George the sun safe superstar' and provide other activities to support their understanding of staying safe in the sun. (*Resources are available on our website*)
- The Pre-School will always provide fresh drinking water and children are taught the importance of keeping hydrated.
- Where possible children are encouraged to play in the shade. During very hot weather children are limited to 20-minute busts outside.
- On our daily weather chart, we will also discuss UV levels.
- During the summer we will have additional water activities, so parents are reminded to bring in additional clothing.